

These websites have been found of value by many people, but the BDDG is only responsible for the BDDG website, and is not accountable for the contents of any of the other sites listed.

[Sick Doctors Trust](#)

The Sick Doctors Trust is a wholly independent and confidential organisation, established in 1996, which offers support and help to doctors and medical students suffering any degree of dependence on drugs or alcohol.

[Practitioner Health Programme](#)

The Practitioner Health Programme is a free, confidential service for doctors and dentists who have mental or physical health concerns and/or addiction problems and who live or work in the London area.

[Alcoholics Anonymous](#)

A fellowship of men and women who share their experience, strength and hope with each other that they may solve their common problem and help others to recover from alcoholism.

[Cocaine Anonymous](#)

is another fellowship of men and women who share their experience, strength and hope with each other so that they may solve their common problem and help others recover from their addiction.

[Narcotics Anonymous](#)

a nonprofit fellowship or society of men and women for whom drugs had become a major problem, who meet regularly to help each other stay clean.

[NHS Treatment Agency for Substance Abuse](#)

The National Treatment Agency for Substance Misuse (NTA) is a special health authority within the NHS, established by Government in 2001 to improve the availability, capacity and effectiveness of treatment for drug misuse in England.

[Alcohol Concern](#)

Alcohol Concern is the national agency on alcohol misuse. We work to reduce the incidence and costs of alcohol-related harm and to increase the range and quality of services available to people with alcohol-related problems.

[Support4Doctors](#)

aims to put doctors and their families in touch with a range of organisations which can help.

[AlAnon Family Groups](#)

Family groups provide understanding, strength and hope to anyone whose life is, or has been, affected by someone else's drinking.

[British Dental Association Benevolent Fund](#)

Has been caring for dentists and their families in financial difficulties for over 125 years. Help may be offered to members and non-members of the BDA alike.

[Medical Council on Alcohol](#)

A body of doctors and others with a professional interest in alcohol and alcoholism which aims to promote understanding of alcoholism, its treatment and prevention.

[Doctors' Support Network](#)

a warm, friendly self-help group for doctors who have been troubled ... it seeks to reduce the isolation and stigma of mental health problems.

[British Doctors and Dentists Group](#)

The British Doctors' and Dentists' Group is a mutual help group for doctors and dentists who are recovering, or wish to recover, from addiction to or dependency on alcohol or other drugs.

[The British Doctors and Dentists Families Group](#)

A self-help organisation which exists independently but in co-operation with the British Doctors and Dentists Group(BDDG). Our aim is to support all family members who are suffering, or have suffered, from the effects of a doctor's or dentist's addiction.

[Wired In to Recovery](#)

Wired In was developed as a way of empowering people to tackle drug and alcohol use problems.

[The Royal Medical Foundation](#)

exists to support medical practitioners and/or their dependents who find themselves in financial hardship.

[International Doctors in AA](#)

an organisation of over 6000 physicians, dentists, veterinarians and other doctoral level healthcare professionals who have found recovery from addiction.

[Doctors' SupportLine](#)

is staffed by volunteer doctors to provide peer support for doctors and medical students in the UK. It is an independent, confidential and anonymous service.